

## Tampereen ensi- ja turvakoti ry

Kaukajärvi and Hämeenkatu shelters for victims of domestic violence

29.9.2022 Milka Suuniittu-Sakari Elina Liikanen



- **Kaukajärvi shelter for victims of domestic violence** 2022, 18 rooms (Mutkakatu 1984)
- Hämeenkatu shelter for victims of domestic violence 2018, 9 rooms
- Staff: 8 councelors and 1 senior social worker in each unit
- 6 councelors on day shifts, 2 councelors on night shifts
- Bachelor of social- and healtcare services
- Students and volunteers
- Nationwide service

- Active co-operation between shelters in Finland, coordinated by Finnish Institute for Health and Welfare (Terveyden ja hyvinvoinnin laitos THL)

- Violence does not have to be physical, it may also be psychological, sexual or financial violence or threat of violence
- Service is free of charge since 2015 (Istanbul Convention)
- Open for all gerders, ages and different family combinatios
- Clients can come on their own initiative or on referral
- Lenght of the stay is individual

- The work method is crisis and trauma oriented

- The shelters offer counselling for example on legal issues and practical arrangements, such as housing

- Co-operation with the authorities and different organizations and services according to personal situation (e.g. MARAK)

- Personal workers for adults and children

- Also sauna, art therapy, Neurosonic, acupuncture, green therapy, peer support, groups

## 2021

- 275 clients had to be redirected to other shelters because Tampere shelters were full

- 500 clients
- 9% men
- 18 different languages, interpreter-services avalaible free of charge
- Most clients have been exposed to violence for 5 years or longer
- Avarage lenght of stay is 18 days, varies between 1-60 days



## Kiitos / Thank You!

Milka and Elina

